



2 DAY Sleep Course

Polysomnography Introductory Course

By Glenn Roldan, RPSGT, RST, CCSH

Join this course to understand the basics of Sleep Medicine, with emphasis on practical Polysomnography topics such as staging of Sleep, Scoring Rules, MSLT and PAP Titrations. Latest sleep medicine guidelines & certification routes will be discussed.

Date: 9-10 March 2020

Time: 9AM to 6PM

Light snacks provided

EASMED PTE LTD
11 Lorong 3 Toa Payoh Jackson Square
Block B #01-13 Singapore 319579

Complimentary
RSVP by Mar 5th to
customer@easmed.com or
+6588588733



Glenn Roldan, RPSGT, RST, CCSH

Clinical Director, NeuroSleep Ctr of the Phils
Program Director, Sleep Educators
COO, Sleep Treatment Solutions, Inc
President, Network of Asia-Pacific Sleep Specialists

Day 1:

0900 – 1000 Overview of Sleep Disorders

1000 – 1230 Scoring Sleep (Staging, Arousals, PLMS, Respiratory Events)

1230 – 1330 LUNCH

1330 – 1400 International 10-20 Electrode Placement System for Sleep

1400 – 1445 Hook-up Session

1445 – 1515 Clinical Guidelines to Manual PAP Titrations

1515 – 1545 Mask Fitting Session

1545 – 1700 Mock Sleep Study

1500 – 1600 Parasomnias

1600 – 1700 Hands on practice

Day 2:

0900 – 1000 The Multiple Sleep Latency Test & Maintenance of Wakefulness

1000 – 1100 Polysomnographic Record Review

1100 – 1130 Home Sleep Testing: Pros and Cons

1130 – 1200 Mathematical Computations for Generating a PSG Report

1200 – 1300 Lunch

1300 – 1400 Troubleshooting PSG studies – Tips & Tricks

1400 – 1500 Improving CPAP compliance & report interpretation

1500 – 1530 PAP Therapies

1530 – 1630 Introduction to Lowenstein Masks, PAP technology & Report.

1630 – 1800 Hands on practice

1900 – 2030 Dinner Event: Launch of CARA Masks, Prisma Smart